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«The training was an unforgettable experience»

Rebekka Konk (Norway)

«I don't think that there are many other institutions out there creating this kind of non-imposing, non-forceful and yet extremely useful course»

Diego Osorio (Canada)

«I can't wait to see what I can do with all the things I learned. It has been a great experience»

Agata Rzedowska (Poland)

«I liked the connecting spirit of the team, which makes this experience a game changer in the work that I do. It has not only sharpened my skills, but it has also broadened my visions of what dialogue dynamics looks like»

Mukhtar Abdi Ogle (Kenya)

«The facilitation was excellent as well as the methodologies»

Anne-Marie Deutschlander (Switzerland)

«I came with high expectations and left with gratitude and satisfaction»

Ståle Sandbekken (Norway)



## Nansen Training

# Dialogue in Conflict

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Tools to analyze and transform a conflict

**2nd-6th of March 2020**

**Lillehammer, Norway**

**Dialogue is a way of communicating which focuses on understanding «the other»,** rather than trying to convince them that you are right. This understanding enables us to build or rebuild relationships. This training is a basic introduction to dialogue and conflict transformation.

**The Nansen Center** for Peace and Dialogue has more than 20 years of dialogue activities, including Afghanistan, Western Balkans, Iraq, Kenya, Ukraine, Poland, Colombia and Norway.

## Learning outcomes

- Understanding the elements and potentials of dialogue
- Awareness of how identity affects conflict
- Knowledge of tools for analyzing conflicts
- Gain insight in dialogue for conflict transformation in community, family and daily life
- Improved communication skills, personal reflection and awareness
- Become familiar with interactive exercises on identity, dialogue and conflict analysis.

## Program

- Introduction to dialogue and communication
- Exploring the identity of yourself and others
- Introduction to conflict analysis and human needs in conflict
- Mapping conflicts, identifying actors and their positions, interests and needs
- Practicing active listening
- How to ask good questions
- Basic introduction to dialogue facilitation

## Methodology

Be prepared for an interactive and explorative week where we share experiences, give and receive feedback. Small introductions for each topic is followed by activities that challenge you personally and professionally.

## Who should attend?

This training is tailored for those interested in learning the basics of dialogue and will provide you with a greater insight on how dialogue can build trust and prevent conflicts from escalating. Participants are recruited from a variety of fields within humanitarian and social work, teaching, research and voluntary work. Students, professionals and anyone interested in improving human interactions are welcome to apply.

## The trainers



**Norunn Grande, special advisor:** Holds a cand. polit. degree in Political Science and has worked as advisor to the Norwegian National Commission for UNESCO. Norunn has worked as a lecturer at Follo Folk High School and director of Norwegian Peace Center and Nansen Center for Peace and Dialogue. Currently she develops and conducts trainings and educational programs in conflict transformation, dialogue facilitation and peacebuilding, primarily in Norway and Afghanistan. She facilitates dialogues, makes training material and conducts reviews and evaluations.



**Christiane Seehausen, senior advisor:** A trained nurse with a bachelor's degree in Multi-cultural understanding and further studies in organizational leadership, pedagogy, coaching and development. Christiane has worked as a director for an integration centre for refugees, and has developed an education program in cultural competence in cooperation with Eastern Norway Research institute and Inland Norway University for Applied Sciences. She has developed and implemented dialogue trainings in Europe, Latin America, Africa and the Middle East, and is facilitating dialogues in different contexts in Norway.



**Trine Kjær Christensen, dialogue advisor:** Holds a master's degree in Peace and Conflict studies from the University of Oslo, and a bachelor in Social Anthropology. Previously she worked as an Assistant Professor at the Norwegian Defense University College, where she taught cultural understanding and gender in military operations. Trine has previously worked at the Danish Embassy in Ghana, and has done field work in Liberia and in the Democratic Republic of Congo.

**TUITION FEE:** 890 euro covering accommodation and meals, and one copy of the Nansen Handbook for Trainers in Dialogue and Conflict Transformation.

**VENUE:** Mølla Hotel in Lillehammer, Norway.

**CONTACT:** For further details please contact: [trainings@peace.no](mailto:trainings@peace.no)



**Registration before February 1st** (click or scan)  
<https://www.surveymonkey.com/r/dialogue-march-2020>

